

World Healing Meditation Opening Words (revised 4/1/11)

The list below includes all the elements that ideally should be included in the opening words for the World Healing Meditations. The individual presenting the opening words will also

- ◆ Thank (and introduce) the individual leading the opening ritual after the ritual has ended.
- ◆ Thank the musicians for the prelude and the ritual leader for the opening ritual.
- ◆ Introduce Om Shanti Leader after general announcements.
- ◆ Introduce the speaker for the keynote.
- ◆ Return to the podium to introduce the musician after the keynote and the meditation leader after the musician (unless the speaker and musician and/or meditation leader are introduced together to keep from interrupting the flow when it is a special ceremony, and it has been agreed this would be best.)

Opening Words

1. Welcome, we are here tonight to receive and radiate spiritual energy. A few practical points: Two clip boards will be passed around so you can give us your contact information if this is your first time, or if you are already on our list, let us know if anything has changed.
2. Mention that information on SUM and affiliate events are available on the literature table.). Can also mention that people can bring flyers for their events to put out on the literature table.
3. Mention that we have a healing box for healing requests.
4. Talk about the purpose of the World Healing Meditations and global group meditation from your own experience, and meditating at the time of the full moon, and mention three festivals of spring if applicable.
5. Include something about receiving (invoking) inspiration from spiritual source and about the network of other groups and individuals we are linking with around the globe (optional but helpful).
6. Affirm the SUM mission statement, Our mission: To celebrate the spiritual unity of all life and raise the consciousness of light and love through community meditation and education and to inspire and empower those who attend the World Healing Meditation Ceremonies and all of humanity with the life transforming experience of Healing, Oneness, and Unity. *We are SAVING OUR PLANET FROM THE INSIDE!*
7. Briefly mention the relevance of the theme/meditation seed thought and how people can relate it to the entire ceremony—no more than 3 minutes.
8. Introduce the chant leader.
9. Introduce the Speaker and after the speaker, introduce the Musician, and the Meditation Leader after that.

The Three Meditation Festivals Closing Words (revised 8/4/08)

Closing Words—Keep as short as possible (don't elaborate) and don't announce events other than the next World Healing Meditation.

1. Lead the group in the Invocation in the back of the program unless it was done by the meditation leader.
2. Thank the speaker and musical guest, soliciting applause. Mention if either have CDs or books for purchase outside.
3. Ask new people to stand to receive gift packet and our applause of appreciation.
4. Stress the importance of donations and that we are a 501c3 non-profit organization and donations are tax deductible. You can also mention that it is a suggested donation and we would rather have people come and give less than not come at all. If you want, you can use “the joke” We are an all-denominational organization, so we accept denominations of all sizes.
5. Ask people to fill out the feedback cards.
6. Mention the program highlights of upcoming festivals.
7. Emphasize the importance of radiating the energy received during the festivals in daily life.
8. Thank participants for coming.
9. Reintroduce the closing ritual leader.